

John 6:25-71

²⁵ When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” ²⁶ Jesus answered them, “Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. ²⁷ Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.”

²⁸ Then they said to him, “What must we do, to be doing the works of God?” ²⁹ Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” ³⁰ So they said to him, “Then what sign do you do, that we may see and believe you? What work do you perform?” ³¹ Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” ³² Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. ³³ For the bread of God is he who comes down from heaven and gives life to the world.” ³⁴ They said to him, “Sir, give us this bread always.”

³⁵ Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.



Reflection / discussion questions

Have you ever felt this spiritual hunger and inner emptiness? What do you make of Jesus' claim to be the bread of life? If you are Christian, how might you use what you've heard today to share the good news with a colleague?

I AM I am the bread of life

- spiritual hunger

Wonderful promise

- Jesus satisfies spiritual hunger (v35)
- Jesus gives eternal life (v33,51)

Exclusive claim

- unique origin (v33,38,51)
- unique evidence (v1-15)

Simple condition

- believe in him (v35,51)
- believe in his death (v54)

Mixed response

- material concerns (v26-27)
- hard sayings (v66,60,41,52,61)
- life-giving words (v67-68)