

PSALM 1
How to live the dream

- happy or blessed?

**THE WAY OF THE RIGHTEOUS
(v1-3)**

- what they don't do (v1) ¹

- what they do do (v2)

- what they are like (v3) ²

**THE WAY OF THE WICKED
(v4-6)**

- in the present (v4)

- in the future (v5-6)

→ choose life ³

→ trust Christ



Discussion questions

Which path are you on? If we're those in Christ, what are the challenges for us in v1-3? What is the difference between being happy and being blessed?

¹ Romans 12:2

² Psalm 92:12

³ Deuteronomy 30:12; Matthew 7:13-14