

I. Look to Jesus – Heb. 12:1,2

“Dedicated to run”

“Therefore”

“A well nigh perfect summary of the Christian Life” W.Barclay

1. The Gallery of Faith

– positive example, less reason to believe than us

– negative example, we can learn from their failings – Samson

*** So get rid of weights, and ‘clinging’ sins

2. Looking to Jesus - v2,3 c.f. I Peter 2:21-25; Rembrandt Crucifixion

- The superiority of Jesus

- “With no eyes for anyone or anything else” Moffatt

- Our Pioneer and Perfecter. Help Available

- Keep end in view v2

3. The ‘living’ Gallery of Leaders Heb. 13:7

- consider good examples who have influenced us v7

- “The Lord is my helper” v6