

## **Philippians 4:4-7**

<sup>4</sup>Rejoice in the Lord always; again I will say, rejoice. <sup>5</sup>Let your reasonableness be known to everyone. The Lord is at hand; <sup>6</sup>do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup>And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

English Standard Version (ESV)

## I'M GLAD YOU ASKED... How to pursue happiness

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– Be joyful about God

– Don't worry but pray about everything

– Because God's peace is with us