

## Psalm 127

A Song of Ascents. Of Solomon.

**127** Unless the LORD builds the house,  
those who build it labour in vain.  
Unless the LORD watches over the city,  
the watchman stays awake in vain.  
<sup>2</sup>It is in vain that you rise up early  
and go late to rest,  
eating the bread of anxious toil;  
for he gives to his beloved sleep.  
<sup>3</sup>Behold, children are a heritage from the LORD,  
the fruit of the womb a reward.  
<sup>4</sup>Like arrows in the hand of a warrior  
are the children of one's youth.  
<sup>5</sup>Blessed is the man  
who fills his quiver with them!  
He shall not be put to shame  
when he speaks with his enemies in the gate.

English Standard Version (ESV)

## I'M GLAD YOU ASKED... Time to Rest

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### 1. **The LORD is the one who grants success...**

Middle-class ambition

Christian kingdom ambition

It's Jesus' work!

### 2. **... so rely on him alone**

Stop

Pray

Work without burden

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*For further reflection:*

- Are you always over-busy? Why? Is it because of middle-class ambition or Christian kingdom ambition – or something else?
- When could you consciously stop and depend on God – each day? Each week? Make one specific resolution.

Recommended book:

Chester, *The Busy Christian's Guide to Busyness*