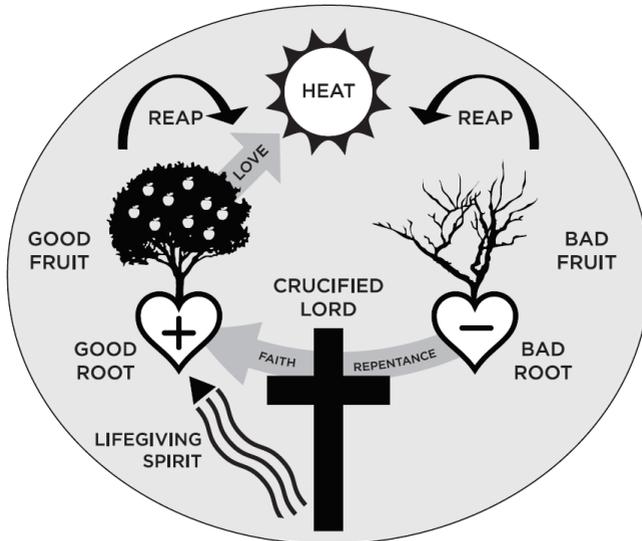


## Session 2: THORNS

Remember the train? What were the 'thorns'?



In the heat of your life, what thorns are you aware of?

Where do these thorns come from?

**Luke 6:43-45**

**James 4:1-3**

Some Questions to Uncover our Hearts

1. What am I loving?
2. What am I seeking, aiming for, pursuing?
3. Where am I putting my hope?
4. What am I fearing? What do I not want? What am I worrying about?
5. Where am I looking for refuge, safety, and comfort?
6. What or whom am I trusting that is not the Lord?
7. Whose performance or control is making life work for me?
8. Whose opinion of me counts most? From whom do I desire approval and fear rejection?
9. What is making me feel rich, secure, and prosperous?
10. Whose victory or success am I hoping will make my life happy?
11. What am I thinking are my rights? What am I feeling entitled to?
12. What am I praying for?
13. What am I thinking about most? What preoccupies me? What am I obsessed with? In the morning, where does my mind instinctively drift?
14. What am I talking about? What is important to me? What attitudes am I communicating?
15. How am I spending my time?
16. What are my priorities?
17. What are my characteristic fantasies, either pleasurable or fearful? Daydreams? What do my night dreams revolve around?
18. What are my idols and false gods? In what do I place my trust or set my hopes? What do I turn to or seek? Where do I take refuge?
19. How do I implicitly say, "If only . . ." (to get what I want, avoid what I don't want, keep what I have)?
20. Where do I find my identity? How do I define who I am?