

Psalm 139

To the choirmaster. A Psalm of David.

¹O Lord, you have searched me and known me!

²You know when I sit down and when I rise up;
you discern my thoughts from afar.

³You search out my path and my lying down
and are acquainted with all my ways.

⁴Even before a word is on my tongue,
behold, O Lord, you know it altogether.

⁵You hem me in, behind and before,
and lay your hand upon me.

⁶Such knowledge is too wonderful for me;
it is high; I cannot attain it.

⁷Where shall I go from your Spirit?
Or where shall I flee from your presence?

⁸If I ascend to heaven, you are there!
If I make my bed in Sheol, you are there!

⁹If I take the wings of the morning
and dwell in the uttermost parts of the sea,

¹⁰even there your hand shall lead me,
and your right hand shall hold me.

¹¹If I say, "Surely the darkness shall cover me,
and the light about me be night",

¹²even the darkness is not dark to you;
the night is bright as the day,
for darkness is as light with you.

¹³For you formed my inward parts;
you knitted me together in my mother's womb.

¹⁴I praise you, for I am fearfully and wonderfully
made.

Wonderful are your works;
my soul knows it very well.

¹⁵My frame was not hidden from you,
when I was being made in secret,
intricately woven in the depths of the earth.

¹⁶Your eyes saw my unformed substance;
in your book were written, every one of them,
the days that were formed for me,
when as yet there was none of them.

¹⁷How precious to me are your thoughts, O God!
How vast is the sum of them!

¹⁸If I would count them, they are more than the
sand.

I awake, and I am still with you.

¹⁹Oh that you would slay the wicked, O God!
O men of blood, depart from me!

²⁰They speak against you with malicious intent;
your enemies take your name in vain!

²¹Do I not hate those who hate you, O Lord?
And do I not loathe those who rise up against
you?

²²I hate them with complete hatred;
I count them my enemies.

²³Search me, O God, and know my heart!
Try me and know my thoughts!

²⁴And see if there be any grievous way in me,
and lead me in the way everlasting!

CERTAINTY IN UNCERTAIN TIMES

'Who can you depend on in a crisis?'

1. God's knowledge of us is all encompassing and complete. (verses 1-6)

2. God's presence is everywhere, we cannot escape. (verses 7-12)

3. God's power is supreme - He created us and orders our days. (verses 13-16)

4. Which way will you choose - independence from God or dependence on God? (verses 19-24)