

Psalm 56

Be gracious to me, O God, for man tramples on me;
all day long an attacker oppresses me;
² my enemies trample on me all day long,
for many attack me proudly.
³ When I am afraid,
I put my trust in you.
⁴ In God, whose word I praise,
in God I trust; I shall not be afraid.
What can flesh do to me?
⁵ All day long they injure my cause;
all their thoughts are against me for evil.
⁶ They stir up strife, they lurk;
they watch my steps,
as they have waited for my life.
⁷ For their crime will they escape?
In wrath cast down the peoples, O God!
⁸ You have kept count of my tossings;
put my tears in your bottle.
Are they not in your book?
⁹ Then my enemies will turn back
in the day when I call.
This I know, that God is for me.
¹⁰ In God, whose word I praise,
in the LORD, whose word I praise,
¹¹ in God I trust; I shall not be afraid.
What can man do to me?
¹² I must perform my vows to you, O God;
I will render thank offerings to you.
¹³ For you have delivered my soul from death,
yes, my feet from falling,
that I may walk before God
in the light of life.

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*After the talk today, there will
be a short Q&A session, time
permitting*

FEEL THE FEAR AND DO IT ANYWAY

Psalm 56

The antidote to fear...

1. Trust the Great God (v1-6)¹

the God who is greater than people²

2. Pray to the faithful LORD (v7-13)

Pray for justice

...to the covenant LORD³

...who stands up for his precious child⁴

Next Week:
Series: Spiritual health - problems & treatment
Title: Discontentment (Hebrews 8:1-13)
Speaker: Marcus Nodder

¹ 1 Samuel 21.

² Romans 8:31.

³ 1 Peter 2:23.

⁴ 1 Peter 5:6.