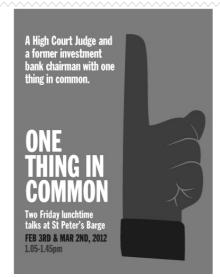
<sup>9</sup> And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, 10 so as to walk in a manner worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of God. 11 May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy, 12 giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.  $^{13}$  He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, 14 in whom we have redemption, the forgiveness of sins.

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After the talk today, there will be a short Q&A session, time



Friday, 3 Feb. 1:05-1.45pm

Meet Sir Jeremy Cooke, a former Harlequins rugby player and now a High Court Judge. He has judged many high-profile cases, including the Pakistani match-fixing trial in which he condemned their behaviour as "not cricket". The Honourable Mr Justice Cooke is vice-chairman of the Lawyers' Christian Fellowship.

> Next Week: Series: Get Real Talk: Real Repentance (Psalm 32) Speaker: Jeremy Hobson

## Going for Gold

Colossians 1:9-14

## Introduction

■ goals for 2012

## Filled with the knowledge of God's will (v9)

• God's will

• God's Word

## So that live a life fully pleasing to the Lord (v10-14)

• bearing fruit (v10)

• increasing in knowledge (v10)

• being strengthened to endure (v11)

• giving thanks (v12-14)

