Genesis 4:25-5:32

4²⁵ And Adam knew his wife again, and she bore a son and called his name Seth, for she said, "God has appointed for me another offspring instead of Abel, for Cain killed him." ²⁶ To Seth also a son was born, and he called his name Enosh. At that time people began to call upon the name of the LORD.

5¹This is the book of the generations of Adam. When God created man, he made him in the likeness of God. ²Male and female he created them, and he blessed them and named them Man when they were created.³When Adam had lived 130 years, he fathered a son in his own likeness, after his image, and named him Seth. ⁴The days of Adam after he fathered Seth were 800 years; and he had other sons and daughters.⁵Thus all the days that Adam lived were 930 years, and he died. ⁶When Seth had lived 105 years, he fathered Enosh. ⁶Seth lived after he fathered Enosh 807 years and had other sons and daughters. ⁶Thus all the days of Seth were 912 years, and he died.

⁹ When Enosh had lived 90 years, he fathered Kenan. ¹⁰ Enosh lived after he fathered Kenan 815 years and had other sons and daughters. ¹¹ Thus all the days of Enosh were 905 years, and he died. ¹² When Kenan had lived 70 years, he fathered Mahalalel. ¹³ Kenan lived after he fathered Mahalalel 840 years and had other sons and daughters. ¹⁴ Thus all the days of Kenan were 910 years, and he died. ¹⁵ When Mahalalel had lived 65 years, he fathered Jared.

¹⁶ Mahalalel lived after he fathered Jared 830 years and had other sons and daughters. ¹⁷ Thus all the days of Mahalalel were 895 years, and he died. ¹⁸ When Jared had lived 162 years, he fathered Enoch. ¹⁹ Jared lived after he fathered Enoch 800 years and had other sons and daughters. ²⁰ Thus all the days of Jared were 962 years, and he died.

²¹When Enoch had lived 65 years, he fathered Methuselah. ²²Enoch walked with God after he fathered Methuselah 300 years and had other sons and daughters. ²³Thus all the days of Enoch were 365 years. ²⁴Enoch walked with God, and he was not, for God took him.

²⁵ When Methuselah had lived 187 years, he fathered Lamech. ²⁶ Methuselah lived after he fathered Lamech 782 years and had other sons and daughters. ²⁷ Thus all the days of Methuselah were 969 years, and he died. ²⁸ When Lamech had lived 182 years, he fathered a son ²⁹ and called his name Noah, saying, "Out of the ground that the LORD has cursed, this one shall bring us relief from our work and from the painful toil of our hands." ³⁰ Lamech lived after he fathered Noah 595 years and had other sons and daughters. ³¹ Thus all the days of Lamech were 777 years, and he died. ³² After Noah was 500 years old, Noah fathered Shem, Ham, and Japheth.

EAST OF EDEN Genesis 4:25-5:32 The chosen

How to become part of the chosen race

- the genealogy
- the offspring 1
- the invitation ²

What life is like for the chosen race

- prayer and praise
- image of God 3
- walking with God 4
- hope despite death 5
- rest in toil 6
- true success

Discussion Questions: anything you want to talk about from what you've heard? What is your main take-home from this passage? Are you part of the chosen race? What encourages or challenges you most of the six hallmarks of life for the chosen race?

 $^{^{1}}$ Luke 3:23-38

² 1 Peter 2:9

³ Romans 8:29; Ephesians 4:24

⁴ Genesis 6:9; Micah 6:8

⁵ Psalm 49:15; 73:24

⁶ Matthew 11:28