



# AGEING

Ageing is a challenge, and a privilege. Our world sometimes celebrates it, but often mocks and denies it.

How should we engage with ageing as Christian women, whether we're 23 or 73?

Kirsten Guthrie, Women's Worker from Trinity Church Islington, is going to talk to us together with Fiona, as we spend time reflecting and discussing our approach to ageing as Christian women.

6. Name four effects of ageing on the human body?

*Moaning*  
*Whinging*  
*Grumpiness*  
*Complaining*

X

**SATURDAY 16TH SEPT, ST PETER'S BARGE, 10.00AM - 1230PM**

£9 for a tasty breakfast from Paul's Canary Wharf

Please book in for food at [info@stpetersbarge.org](mailto:info@stpetersbarge.org)