

## Our physical bodies 'Body matters'

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- Head, shoulders...<sup>1</sup>

### **Our bodies are a gift**

- God gave us bodies <sup>2</sup>
  
- God gave us amazing bodies <sup>3</sup>
  
  
  
- God gave you your body

### **Our bodies are a pain**

- Body decay <sup>4</sup>
  
  
  
  
  
  
  
  
  
  
- Body shame <sup>5</sup>
  
  
  
  
  
  
  
  
  
  
- Body sin <sup>6</sup>

### **Our bodies belong to God**

- The body of Christ given for us <sup>7</sup>

- Our bodies offered to God <sup>8</sup>

### **Our bodies have a future**

- Physically raised <sup>9</sup>
  
  
  
  
  
  
  
  
  
  
- Gloriously transformed <sup>10</sup>

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<sup>1</sup> *What God has to say about our bodies*: Sam Allberry

<sup>2</sup> Genesis 2:7; 1 Thessalonians 5:23; 1 Samuel 16:7

<sup>3</sup> Psalm 139:14; Ephesians 5:29; 1 Timothy 4:8

<sup>4</sup> Romans 8:20; 2 Corinthians 4:7; 5:1; Matthew 4:24; Ecclesiastes 12:1; 2 Corinthians 4:16; Ecclesiastes 12:7; Psalm 90:12

<sup>5</sup> Isaiah 53:2; Proverbs 31:30; 1 Peter 3:4

<sup>6</sup> Romans 3:14-15

<sup>7</sup> Hebrews 10:5; Luke 22:19; 1 Peter 2:24; Hebrews 10:10; Colossians 1:22

<sup>8</sup> 1 Corinthians 6:13-20; 9:25-27; Romans 12:1; 6:13

<sup>9</sup> 1 Corinthians 15:20

<sup>10</sup> Philippians 3:21; 2 Corinthians 5:1; John 5:28-29