

**Encounters with Jesus from John's Gospel:
The five thousand
John 6:1-15, 25-40**

Truths to take home:

1. Whoever feeds on Jesus will have eternal life and everlasting satisfaction

1a. The Bread is life-giving because He is giving up his life for us

1b. True Bread for our true need

2. Whoever feeds on Jesus will be forever secured in him

2a. You are given to Jesus by the Father

2b. Jesus will never lose you

Truths to apply:

a. Stop being complacent. Find your satisfaction in Christ.

b. Trust in Jesus's faithfulness even in the times of doubts

Questions for reflection:

1. Which one do you desire more - the ordinary bread (e.g. a career that supports our lifestyle) or the Bread of Life? To examine this, a good question to ask is: "If God decides to take one thing away from me today, is there something that I cannot live without for the next year?"

2. What truth in this passage can comfort us in the moment of doubt?

3. The bread is his body. As we have died with Jesus, we are now alive with him. Are you aware of this new life? How is this new life different from our "old" life?